

<b>Total number of entries:</b>	<b>184</b>
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<b>Senior Fell</b>	<b>50</b>
<b>16 &amp; Under</b>	<b>18</b>
<b>13 &amp; Under</b>	<b>34</b>
<b>11 &amp; Under</b>	<b>82</b>
<b>cat5</b>	<b>0</b>
<b>cat6</b>	<b>0</b>
<b>cat7</b>	<b>0</b>

#### How to use

Enter runners' names and teams on the **Entry** sheet. There is also a category sheet for each race. Race names should be entered on the **Summary** sheet, then the category sheet. If only one race is to be run then enter 1 throughout the category sheet.

Record finishing order on the **Finish** sheet. Enter minutes in one column and seconds in another (up to) seven races. The results for each race are shown on a separate sheet (see page 10).

Scoring can be based upon the first 1, 2, ... 8 runners home. Enter preference

Code	Category
	1 Senior Fell
	2 16 & Under
	3 13 & Under
	4 11 & Under
	5 cat5
	6 cat6
	7 cat7

Scoring based on first...	4
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column so that up to seven different races can be run at the corresponding number can be entered in the category column on gory column.

d seconds in another. This sheet separates the times in to the (**Race 1, Race 2**, etc.)

e on the **Summary** sheet.

<b>Number</b>	<b>Name</b>	<b>Team</b>	<b>Entry Code</b>
1	Holly Fitch F	Wharfedale Harriers	3
2	Colby Wright	Unnattached	4
3	Austin Wright	Unnattached	3
4	Ben Ayling	Unnattached	4
5	Veronica Deluxson F	Unnattached	4
6	Oliver Scott	Leven Valley	3
7	Riley Scott	Leven Valley	3
8	Leanne Scott F V40	Leven Valley	1
9	Lucy Bell F	Leven Valley	3
10	Georgia Bell F	Leven Valley	2
11	Ethan Deluxson	Unnattached	3
12	Oliver Stubbs	Unnattached	3
13	Emily Pearl-Ayling F	Unnattached	4
14	Milly Stubbs F	Unnattached	4
15	Charlie Hodgson	Helm Hill	4
16	Magnus Foxwell	Ambleside	4
17	Fraser Hall	Skyrac	4
18	Annabelle Williams F	Unnattached	4
19	Henry Williams	Unnattached	4
20	Matthew Nugent	Helm Hill	4
21	Harry Mason	Helm Hill	4
22	Isla Mason F	Helm Hill	4
23	Charlie Hedley	Keithley & Craven	4
24	Grace Goligher F	Howgill Harriers	4
25	William Goligher	Howgill Harriers	4
26	Edward Jermy	Howgill Harriers	2
27			
28	Zach Thomas	Helm Hill	3
29	Katherine Shrine F	Helm Hill	1
30	John Williamson	Leven Valley	2
31	Poppy Phillipson F	Birtley AC	4
32	Niamh Phillipson F	Birtley AC	3
33	Thomas Staveley	Unnattached	4
34	Alice White F	Keithley & Craven	4
35	Cath White F V40	Wharfedale Harriers	1
36	Harry Coulter	Helm Hill	3
37	Martha Hart F	Settle Harriers	4
38	Camilla Hart F	Settle Harriers	3
39	Calum McGoldrick	Settle Harriers	4
40	Finlay McGoldrick	Settle Harriers	4

41	Mia McGoldrick F	Settle Harriers	4
42	Mark McGoldrick V40	Settle Harriers	1
43	Ryan Potts	Elvet Striders	1
44	Thomas Jebb	Bingley Harriers	4
45	Isabel Jebb F	Bingley Harriers	3
46	Colin Valentine V60	Keswick	1
47	Jack Sanderson	Settle Harriers	2
48	Carl Sanderson	Settle Harriers	3
49	Isla Pearman F	Helm Hill	3
50	Amy Pearman F V40	Kendal AAC	1
51	Matt Pearman V45	Helm Hill	1
52	Freya Hodgson-Jones F	Ambleside	4
53	Simon Mounsey V50	Howgill Harriers	1
54	Peter German V40	Helm Hill	1
55	Ben Mounsey V40	Calder Valley	1
56	Kirsty Hall F V45	Wharfedale Harriers	1
57	Kate Collin F	Kendal AAC	2
58	Lara Collin F	Kendal AAC	3
59	Kara van der Merwe F	Unnattached	3
60	Evan Dart	Unnattached	2
61	Lawrie Belshaw	Ambleside	4
62	James Bowen	Kendal AAC	1
63	Harry Bowen	Kendal AAC	1
64	Megan Wilkinson F	Keithley & Craven	2
65	Timothy Patterson V45	Unnattached	1
66	Rona Huston F	Helm Hill	4
67	Dougal Huston	Helm Hill	3
68	Lily Ward F	Unnattached	4
69	Emmy Ranner F	Helm Hill	3
70	Matt Hird V45	Wharfedale Harriers	1
71	Gareth Hird V40	Wharfedale Harriers	1
72	Nathan Hird	Wharfedale Harriers	2
73	Max Hird	Wharfedale Harriers	2
74	Freddy Hird	Wharfedale Harriers	3
75	Emma Richardson F	Unnattached	1
76	Sarah Smith F	Helm Hill	1
77	Ula Magazova F	Unnattached	4
78	Leyli Magazova F	Unnattached	4
79	Laura Smith F	Unnattached	4
80	Silvia Parsons F	Helm Hill	4
81	James Parsons	Helm Hill	1
82	William Laye	Helm Hill	1
83	Rachel Carter F V45	Ilkley	1

84	Alexander Wolfenden	Ilkley	2
85	Robert Carter	Ilkley	4
86	Harriet Carter F	Ilkley	4
87	Benji Grundy	Wharfedale Harriers	1
88	Ian Willis V50	Keithley & Craven	1
89	Betsy Willis F	Wharfedale Harriers	2
90	Vicky Woof F	Howgill Harriers	2
91	Logan Sefton	Sedbergh School	3
92	Jude Sefton	Sedbergh School	4
93	Mabel Sefton F	Unnattached	4
94	Annabel Hinds F	Settle Harriers	3
95	James Todhunter V40	Helm Hill	1
96	Ben Todhunter	Helm Hill	2
97	Ellie Todhunter F	Helm Hill	3
98	Maisie Todhunter F	Helm Hill	4
99	Jake Shuttleworth	Unnattached	1
100	Lydia Denby F	Unnattached	1
101	Molly Riglin F	Raneleigh Harriers	1
102	Joseph Smith	Wharfedale Harriers	2
103	Charlotte Harker F	Unnattached	3
104	Daisy Allen F	Unnattached	3
105	Jasmine Parley F	Unnattached	3
106	Andrew Biddle V60	Wharfedale Harriers	1
107	Rowan Bradley	Ambleside	4
108	Cara Bradley F	Ambleside	3
109	Lewis Till	Unnattached	4
110	Toby Craig	Unnattached	4
111	Matt Santo V45	Unnattached	1
112	Kate Fogelberg F V40	Unnattached	1
113	Tommy Metcalfe	Unnattached	4
114	Ross Metcalfe	Unnattached	4
115	Jacob Robson-Peall	Unnattached	4
116	Seth Dwyer	Unnattached	4
117	Archie Rendall	Unnattached	4
118	Alec Birchall	Unnattached	4
119	Harry Helliwell	Unnattached	4
120	Allessandro Ferraz	Unnattached	4
121	Lili Cropper F	Helm Hill	4
122	Jem Cropper	Helm Hill	2
123	Mark Cropper V45	Helm Hill	1
124	Jack Wilson	Unnattached	1
125	Ronnie Haddow V50	Furness Fell Runners	1
126	Florrie Haddow F	Furness Fell Runners	3

127	Jacy Kate-Jewitt F	Furness Fell Runners	4
128	Sam Oldham	Leven Valley	3
129	Oliver Oldham	Leven Valley	2
130	Colleen Oldham F V40	Leven Valley	1
131	Dan Caton	Unnattached	1
132	Jack Caton	Unnattached	4
133	Tilly Friedman F	Unnattached	4
134	Matthew Robson	Unnattached	4
135	Alex Ward	Unnattached	4
136	Rory Addison	Helm Hill	1
137	Peter Butler	Ambleside	4
138	George Butler	Ambleside	4
139	Jack Eccles	Lancaster & Morecambe	2
140	Seb Walker	Howgill Harriers	4
141	Anastasia Winder F V40	Unnattached	1
142	Olicia Winder F	Unnattached	1
143	Peter Lawson	Howgill Harriers	1
144	Sophie Norman F	Howgill Harriers	4
145	Jessica Norman F	Howgill Harriers	3
146	Denise Tunstall F V55	Durham Fell Runners	1
147	James Sedgley	Unnattached	4
148	John Stephenson	Unnattached	4
149	Richard Campbell V40	Howgill Harriers	1
150	Robert Crawford V45	Howgill Harriers	1
151	Sean Robinson V40	Howgill Harriers	1
152	Paul Dugdale V55	Helm Hill	1
153	Michael Dugdale	Helm Hill	1
154	Jack L'Amie	Unnattached	4
155	Harry Chapman	Unnattached	4
156	Charles Khan	Unnattached	4
157	Spencer Oktem	Unnattached	4
158	Oliver Chapman	Unnattached	4
159	Hugo Oktem	Unnattached	4
160	Pippa Coke F	Unnattached	4
161	Henry Coke	Unnattached	4
162	Paige Metcalfe F	Unnattached	4
163	Ted Metcalfe	Unnattached	4
164	Joseph Metcalfe	Unnattached	4
165	Tom Batty	Unnattached	1
166	Simon Denny	Bentham Beagles	1
167	Joe Parsons	Unnattached	1
168	Bella Moorhouse F	Howgill Harriers	4
169	Cecily Kinloch F	Unnattached	4

170	Finn L'Amie F	Unnattached	4
171	Ashton McGough	Unnattached	3
172	William Coke	Sedbergh School	2
173	Mike Addison V60	Unnattached	1
174	William Moorhouse	Unnattached	3
175	Leo Oxley	Unnattached	3
176	Max Townley	Unnattached	3
177	Ira Ash	Unnattached	3
178	Niamh Dwyer F	Unnattached	4
179	Josie Cottam F	Unnattached	4
180	Mia Cottam F	Unnattached	4
181	Late entrant 181	Unnattached	4
182	Late entrant 182	Unnattached	4
183	Late entrant 183	Unnattached	4
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Category (set by code)	Finished	Category		
13 & Under	Y	Wharfedale Harriers	0	0
11 & Under	Y	Unnattached	0	0
13 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
13 & Under	Y	Leven Valley	0	0
13 & Under	Y	Leven Valley	0	0
Senior Fell	Y	Leven Valley	1	0
13 & Under	Y	Leven Valley	0	0
16 & Under	Y	Leven Valley	0	1
13 & Under	Y	Unnattached	0	0
13 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Helm Hill	0	0
11 & Under	Y	Ambleside	0	0
11 & Under	Y	Skyrac	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Helm Hill	0	0
11 & Under	Y	Helm Hill	0	0
11 & Under	Y	Helm Hill	0	0
11 & Under	Y	Keithley & Craven	0	0
11 & Under	Y	Howgill Harriers	0	0
11 & Under	Y	Howgill Harriers	0	0
16 & Under	Y	Howgill Harriers	0	1
waiting	#N/A		0	0
13 & Under	Y	Helm Hill	0	0
Senior Fell	Y	Helm Hill	1	0
16 & Under	Y	Leven Valley	0	1
11 & Under	Y	Birtley AC	0	0
13 & Under	Y	Birtley AC	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Keithley & Craven	0	0
Senior Fell	Y	Wharfedale Harriers	1	0
13 & Under	#N/A	Helm Hill	0	0
11 & Under	Y	Settle Harriers	0	0
13 & Under	Y	Settle Harriers	0	0
11 & Under	Y	Settle Harriers	0	0
11 & Under	Y	Settle Harriers	0	0

11 & Under	Y	Settle Harriers	0	0
Senior Fell	Y	Settle Harriers	1	0
Senior Fell	Y	Elvet Striders	1	0
11 & Under	Y	Bingley Harriers	0	0
13 & Under	Y	Bingley Harriers	0	0
Senior Fell	Y	Keswick	1	0
16 & Under	Y	Settle Harriers	0	1
13 & Under	Y	Settle Harriers	0	0
13 & Under	Y	Helm Hill	0	0
Senior Fell	Y	Kendal AAC	1	0
Senior Fell	Y	Helm Hill	1	0
11 & Under	Y	Ambleside	0	0
Senior Fell	Y	Howgill Harriers	1	0
Senior Fell	Y	Helm Hill	1	0
Senior Fell	Y	Calder Valley	1	0
Senior Fell	Y	Wharfedale Harriers	1	0
16 & Under	Y	Kendal AAC	0	1
13 & Under	Y	Kendal AAC	0	0
13 & Under	Y	Unnattached	0	0
16 & Under	Y	Unnattached	0	1
11 & Under	Y	Ambleside	0	0
Senior Fell	Y	Kendal AAC	1	0
Senior Fell	Y	Kendal AAC	1	0
16 & Under	Y	Keithley & Craven	0	1
Senior Fell	Y	Unnattached	1	0
11 & Under	Y	Helm Hill	0	0
13 & Under	Y	Helm Hill	0	0
11 & Under	Y	Unnattached	0	0
13 & Under	Y	Helm Hill	0	0
Senior Fell	Y	Wharfedale Harriers	1	0
Senior Fell	Y	Wharfedale Harriers	1	0
16 & Under	Y	Wharfedale Harriers	0	1
16 & Under	Y	Wharfedale Harriers	0	1
13 & Under	Y	Wharfedale Harriers	0	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Helm Hill	1	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Helm Hill	0	0
Senior Fell	#N/A	Helm Hill	1	0
Senior Fell	Y	Helm Hill	1	0
Senior Fell	Y	Ilkley	1	0

16 & Under	Y	Ilkley	0	1
11 & Under	Y	Ilkley	0	0
11 & Under	Y	Ilkley	0	0
Senior Fell	Y	Wharfedale Harriers	1	0
Senior Fell	Y	Keithley & Craven	1	0
16 & Under	Y	Wharfedale Harriers	0	1
16 & Under	Y	Howgill Harriers	0	1
13 & Under	#N/A	Sedbergh School	0	0
11 & Under	#N/A	Sedbergh School	0	0
11 & Under	#N/A	Unnattached	0	0
13 & Under	Y	Settle Harriers	0	0
Senior Fell	Y	Helm Hill	1	0
16 & Under	Y	Helm Hill	0	1
13 & Under	Y	Helm Hill	0	0
11 & Under	Y	Helm Hill	0	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Raneleigh Harriers	1	0
16 & Under	Y	Wharfedale Harriers	0	1
13 & Under	Y	Unnattached	0	0
13 & Under	Y	Unnattached	0	0
13 & Under	Y	Unnattached	0	0
Senior Fell	Y	Wharfedale Harriers	1	0
11 & Under	Y	Ambleside	0	0
13 & Under	Y	Ambleside	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Unnattached	1	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Helm Hill	0	0
16 & Under	Y	Helm Hill	0	1
Senior Fell	Y	Helm Hill	1	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Furness Fell Runners	1	0
13 & Under	Y	Furness Fell Runners	0	0

11 & Under	Y	Furness Fell Runners	0	0
13 & Under	Y	Leven Valley	0	0
16 & Under	Y	Leven Valley	0	1
Senior Fell	Y	Leven Valley	1	0
Senior Fell	Y	Unnattached	1	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
Senior Fell	Y	Helm Hill	1	0
11 & Under	Y	Ambleside	0	0
11 & Under	Y	Ambleside	0	0
16 & Under	Y	Lancaster & Morecambe	0	1
11 & Under	Y	Howgill Harriers	0	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Howgill Harriers	1	0
11 & Under	Y	Howgill Harriers	0	0
13 & Under	Y	Howgill Harriers	0	0
Senior Fell	Y	Durham Fell Runners	1	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
Senior Fell	Y	Howgill Harriers	1	0
Senior Fell	Y	Howgill Harriers	1	0
Senior Fell	Y	Howgill Harriers	1	0
Senior Fell	Y	Helm Hill	1	0
Senior Fell	Y	Helm Hill	1	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	#N/A	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
11 & Under	Y	Unnattached	0	0
Senior Fell	Y	Unnattached	1	0
Senior Fell	Y	Bentham Beagles	1	0
Senior Fell	Y	Unnattached	1	0
11 & Under	Y	Howgill Harriers	0	0
11 & Under	Y	Unnattached	0	0























waiting	#N/A		0	0
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position	163 Finished			time	
	16 Yet to finish	number	minutes seconds		
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2		42	11 42	11:42	OK
3		62	11 55	11:55	OK
4		63	12 6	12:06	OK
5		136	12 22	12:22	OK
6		43	12 42	12:42	OK
7		88	12 42	12:42	OK
8		131	12 43	12:43	OK
9		153	12 44	12:44	OK
10		82	12 45	12:45	OK
11		53	12 59	12:59	OK
12		167	13 23	13:23	OK
13		165	13 40	13:40	OK
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21		152	14 37	14:37	OK
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23		143	14 40	14:40	OK
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27		95	15 4	15:04	OK
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29		151	15 10	15:10	OK
30		125	15 48	15:48	OK
31		65	15 49	15:49	OK
32		150	15 52	15:52	OK
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38		70	17 16	17:16	OK
39		141	17 50	17:50	OK
40		112	17 54	17:54	OK
41		149	18 30	18:30	OK
42		71	18 44	18:44	OK
43		130	18 49	18:49	OK
44		146	19 5	19:05	OK
45		100	19 9	19:09	OK
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47		29	21 22	21:22	OK
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49		173	23 44	23:44	OK
50		47	9 17	09:17	OK



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150	155	8	51	08:51	OK
151	154	8	53	08:53	OK
152	138	8	54	08:54	OK
153	133	8	57	08:57	OK
154	79	9	1	09:01	OK
155	77	9	8	09:08	OK
156	180	9	19	09:19	OK

157	120	9	22	09:22	OK
158	184	9	24	09:24	OK
159	121	9	37	09:37	OK
160	182	9	40	09:40	OK
161	162	9	48	09:48	OK
162	179	9	48	09:48	OK
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164	114	9	54	09:54	OK
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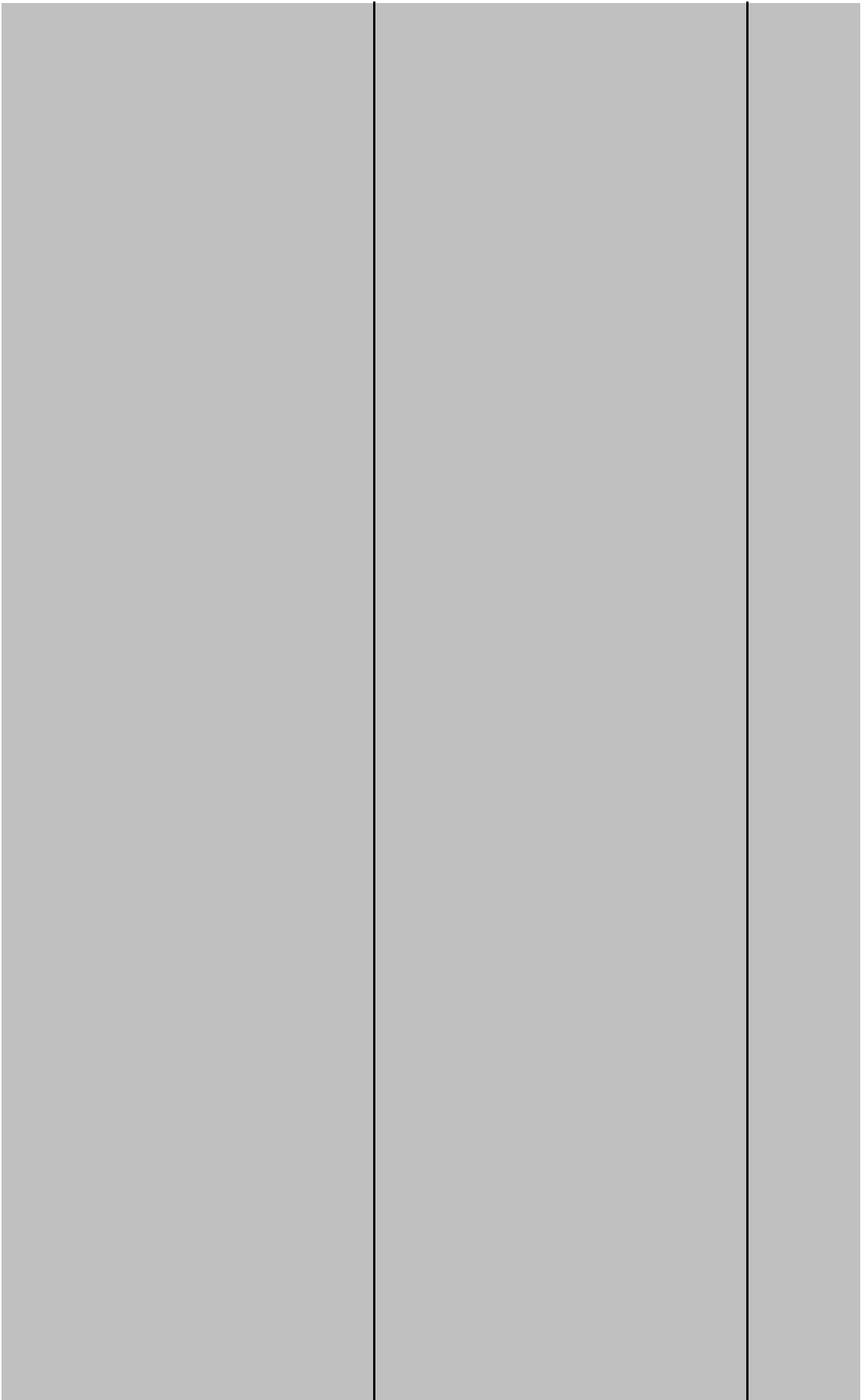


<b>Name</b>	<b>Team</b>	<b>Category</b>
Ben Mounsey V40	Calder Valley	1
Mark McGoldrick V40	Settle Harriers	1
James Bowen	Kendal AAC	1
Harry Bowen	Kendal AAC	1
Rory Addison	Helm Hill	1
Ryan Potts	Elvet Striders	1
Ian Willis V50	Keithley & Craven	1
Dan Caton	Unnattached	1
Michael Dugdale	Helm Hill	1
William Laye	Helm Hill	1
Simon Mounsey V50	Howgill Harriers	1
Joe Parsons	Unnattached	1
Tom Batty	Unnattached	1
Sarah Smith F	Helm Hill	1
Peter German V40	Helm Hill	1
Matt Pearman V45	Helm Hill	1
Simon Denny	Bentham Beagles	1
Matt Santo V45	Unnattached	1
Olicia Winder F	Unnattached	1
Emma Richardson F	Unnattached	1
Paul Dugdale V55	Helm Hill	1
Rachel Carter F V45	Ilkley	1
Peter Lawson	Howgill Harriers	1
Kirsty Hall F V45	Wharfedale Harriers	1
Mark Cropper V45	Helm Hill	1
Jake Shuttleworth	Unnattached	1
James Todhunter V40	Helm Hill	1
Molly Riglin F	Raneleigh Harriers	1
Sean Robinson V40	Howgill Harriers	1
Ronnie Haddow V50	Furness Fell Runners	1
Timothy Patterson V45	Unnattached	1
Robert Crawford V45	Howgill Harriers	1
Amy Pearman F V40	Kendal AAC	1
Leanne Scott F V40	Leven Valley	1
Benji Grundy	Wharfedale Harriers	1
Jack Wilson	Unnattached	1
Cath White F V40	Wharfedale Harriers	1
Matt Hird V45	Wharfedale Harriers	1
Anastasia Winder F V40	Unnattached	1
Kate Fogelberg F V40	Unnattached	1
Richard Campbell V40	Howgill Harriers	1
Gareth Hird V40	Wharfedale Harriers	1
Colleen Oldham F V40	Leven Valley	1
Denise Tunstall F V55	Durham Fell Runners	1
Lydia Denby F	Unnattached	1
Colin Valentine V60	Keswick	1
Katherine Shrine F	Helm Hill	1
Andrew Biddle V60	Wharfedale Harriers	1
Mike Addison V60	Unnattached	1
Jack Sanderson	Settle Harriers	2

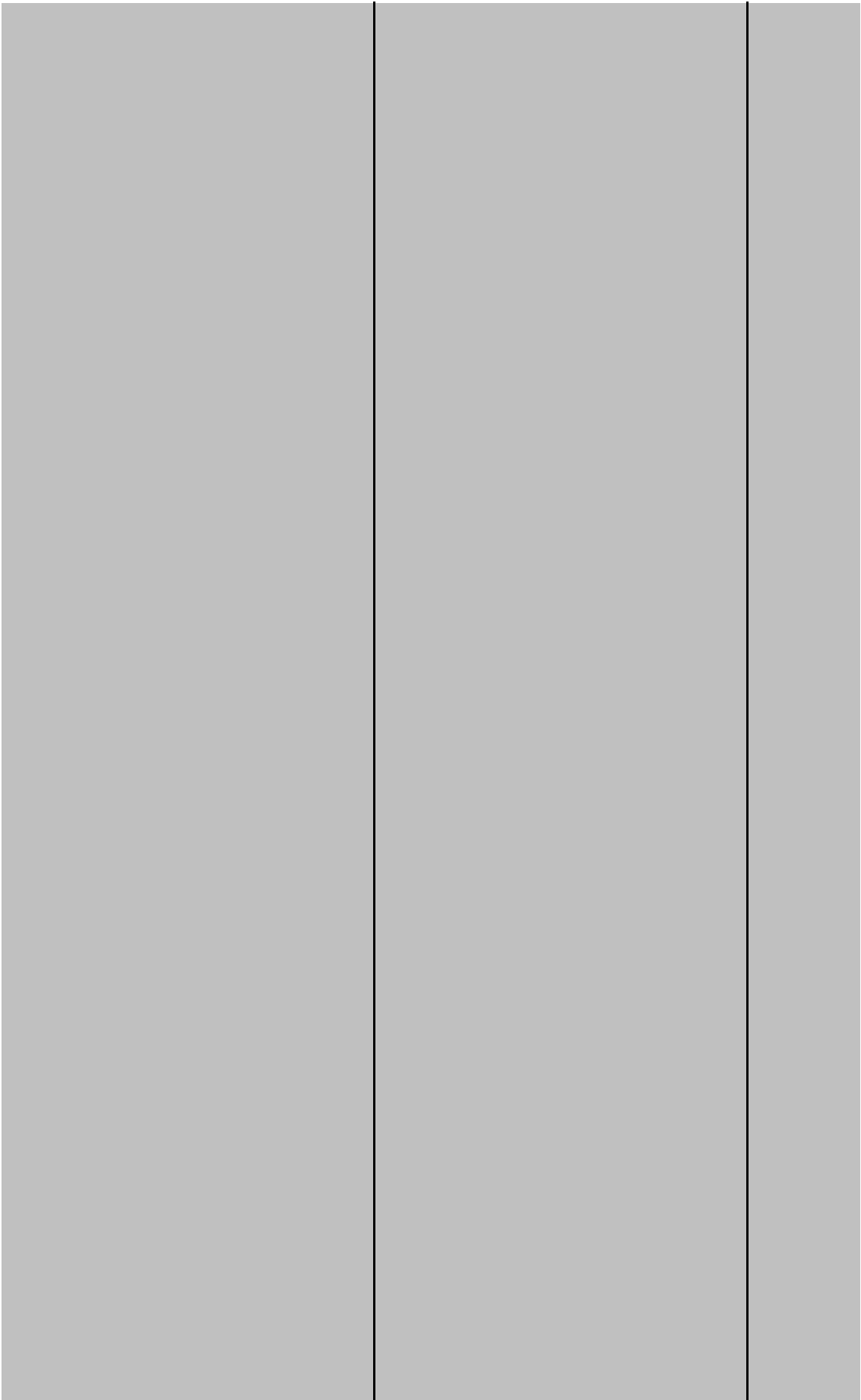
Alexander Wolfenden	Ilkley	2
Jack Eccles	Lancaster & Morecambe	2
Oliver Oldham	Leven Valley	2
John Williamson	Leven Valley	2
Georgia Bell F	Leven Valley	2
Nathan Hird	Wharfedale Harriers	2
Edward Jermy	Howgill Harriers	2
Evan Dart	Unnattached	2
Joseph Smith	Wharfedale Harriers	2
Ben Todhunter	Helm Hill	2
Kate Collin F	Kendal AAC	2
Max Hird	Wharfedale Harriers	2
Vicky Woof F	Howgill Harriers	2
William Coke	Sedbergh School	2
Jem Cropper	Helm Hill	2
Megan Wilkinson F	Keithley & Craven	2
Betsy Willis F	Wharfedale Harriers	2
William Moorhouse	Unnattached	3
Kara van der Merwe F	Unnattached	3
Isla Pearman F	Helm Hill	3
Cara Bradley F	Ambleside	3
Max Townley	Unnattached	3
Lucy Bell F	Leven Valley	3
Dougal Huston	Helm Hill	3
Holly Fitch F	Wharfedale Harriers	3
Niamh Phillipson F	Birtley AC	3
Riley Scott	Leven Valley	3
Isabel Jebb F	Bingley Harriers	3
Oliver Scott	Leven Valley	3
Ellie Todhunter F	Helm Hill	3
Jessica Norman F	Howgill Harriers	3
Austin Wright	Unnattached	3
Charlotte Harker F	Unnattached	3
Emmy Ranner F	Helm Hill	3
Daisy Allen F	Unnattached	3
Jasmine Parley F	Unnattached	3
Annabel Hinds F	Settle Harriers	3
Lara Collin F	Kendal AAC	3
Ashton McGough	Unnattached	3
Leo Oxley	Unnattached	3
Ira Ash	Unnattached	3
Ethan Deluxson	Unnattached	3
Sam Oldham	Leven Valley	3
Florrie Haddow F	Furness Fell Runners	3
Zach Thomas	Helm Hill	3
Camilla Hart F	Settle Harriers	3
Carl Sanderson	Settle Harriers	3
Freddy Hird	Wharfedale Harriers	3
Robert Carter	Ilkley	4
Poppy Phillipson F	Birtley AC	4
Magnus Foxwell	Ambleside	4
Calum McGoldrick	Settle Harriers	4
Harry Mason	Helm Hill	4

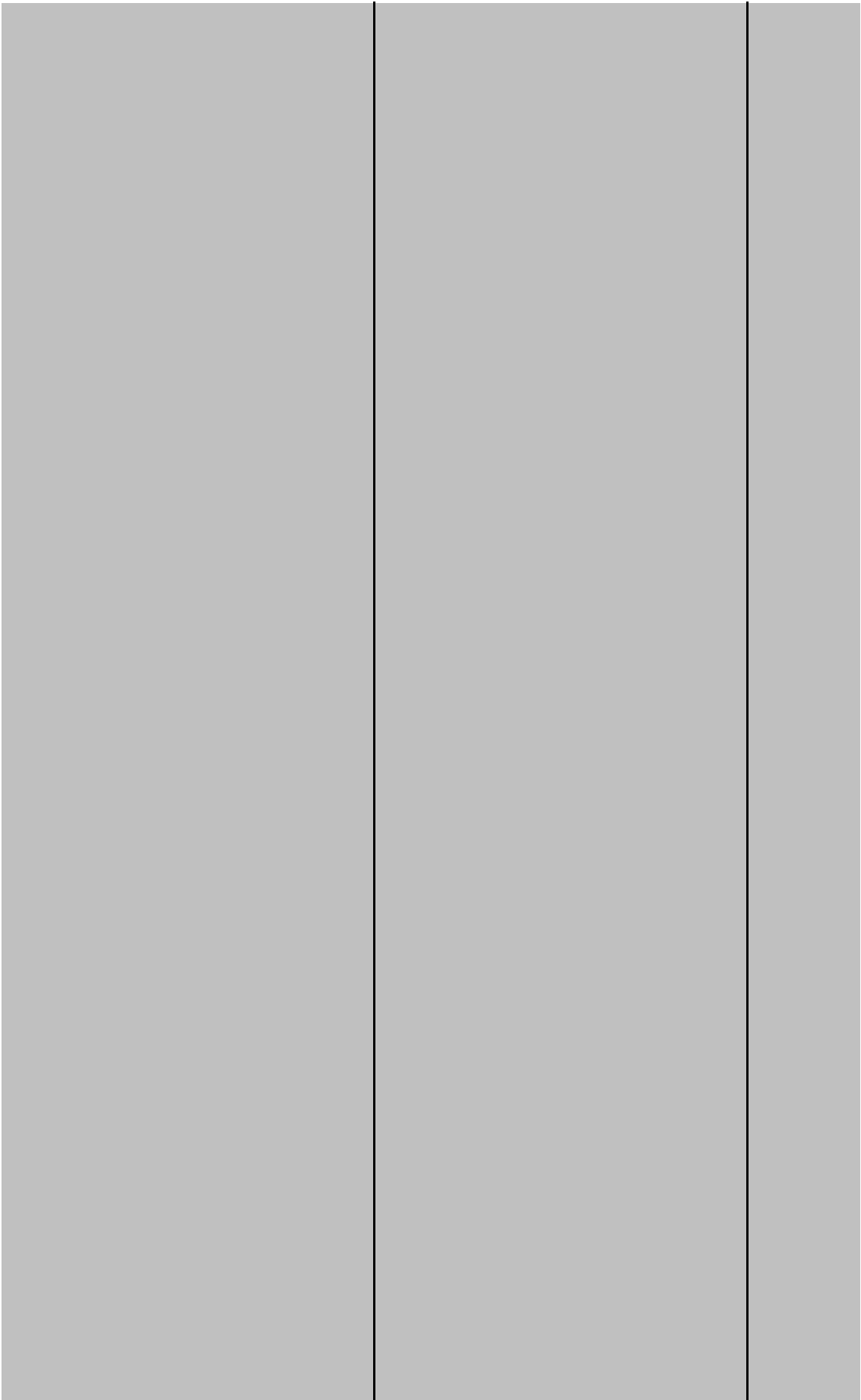
Lewis Till	Unnattached	4
Alice White F	Keithley & Craven	4
Charlie Hedley	Keithley & Craven	4
Mia McGoldrick F	Settle Harriers	4
Charlie Hodgson	Helm Hill	4
William Goligher	Howgill Harriers	4
Thomas Jebb	Bingley Harriers	4
Martha Hart F	Settle Harriers	4
Rowan Bradley	Ambleside	4
Lawrie Belshaw	Ambleside	4
Harriet Carter F	Ilkley	4
Peter Butler	Ambleside	4
Henry Coke	Unnattached	4
Alec Birchall	Unnattached	4
Finlay McGoldrick	Settle Harriers	4
Grace Goligher F	Howgill Harriers	4
Late entrant 181	Unnattached	4
Maisie Todhunter F	Helm Hill	4
Harry Helliwell	Unnattached	4
Late entrant 183	Unnattached	4
Fraser Hall	Skyrac	4
Colby Wright	Unnattached	4
Silvia Parsons F	Helm Hill	4
Henry Williams	Unnattached	4
Rona Huston F	Helm Hill	4
Isla Mason F	Helm Hill	4
Tommy Metcalfe	Unnattached	4
Milly Stubbs F	Unnattached	4
Sophie Norman F	Howgill Harriers	4
Freya Hodgson-Jones F	Ambleside	4
Seth Dwyer	Unnattached	4
Seb Walker	Howgill Harriers	4
Cecily Kinloch F	Unnattached	4
Bella Moorhouse F	Howgill Harriers	4
Spencer Oktem	Unnattached	4
Jacy Kate-Jewitt F	Furness Fell Runners	4
Matthew Nugent	Helm Hill	4
Jacob Robson-Peall	Unnattached	4
Toby Craig	Unnattached	4
Niamh Dwyer F	Unnattached	4
Alex Ward	Unnattached	4
Thomas Staveley	Unnattached	4
Matthew Robson	Unnattached	4
Lily Ward F	Unnattached	4
Leyli Magazova F	Unnattached	4
Ted Metcalfe	Unnattached	4
Harry Chapman	Unnattached	4
Jack L'Amie	Unnattached	4
George Butler	Ambleside	4
Tilly Friedman F	Unnattached	4
Laura Smith F	Unnattached	4
Ula Magazova F	Unnattached	4
Mia Cottam F	Unnattached	4

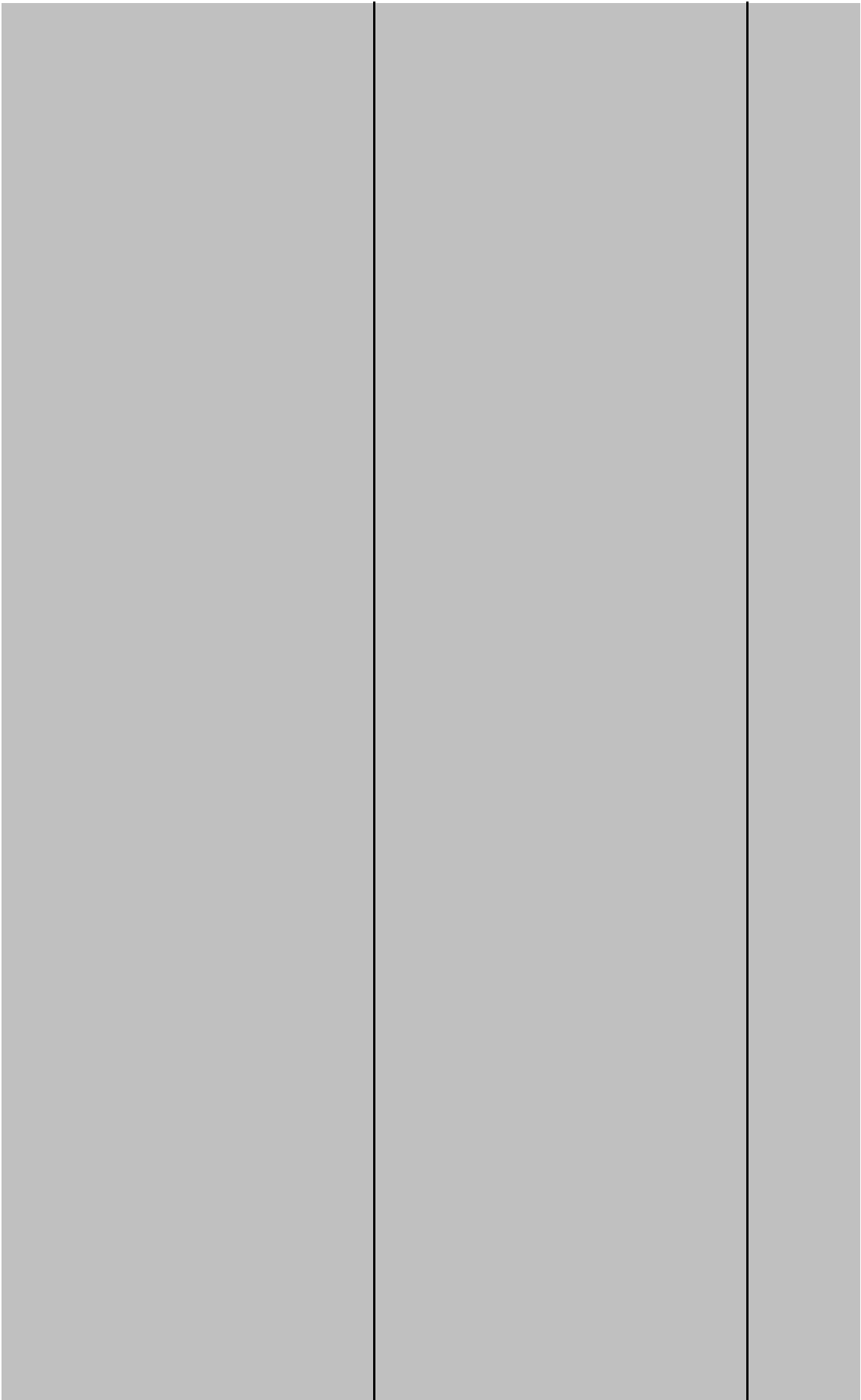
Allessandro Ferraz	Unnattached	4
Late entrant 184	Unnattached	4
Lili Cropper F	Helm Hill	4
Late entrant 182	Unnattached	4
Paige Metcalfe F	Unnattached	4
Josie Cottam F	Unnattached	4
Joseph Metcalfe	Unnattached	4
Ross Metcalfe	Unnattached	4
Ben Ayling	Unnattached	4
Emily Pearl-Ayling F	Unnattached	4
Veronica Deluxson F	Unnattached	4
Late entrant 185	Unnattached	4

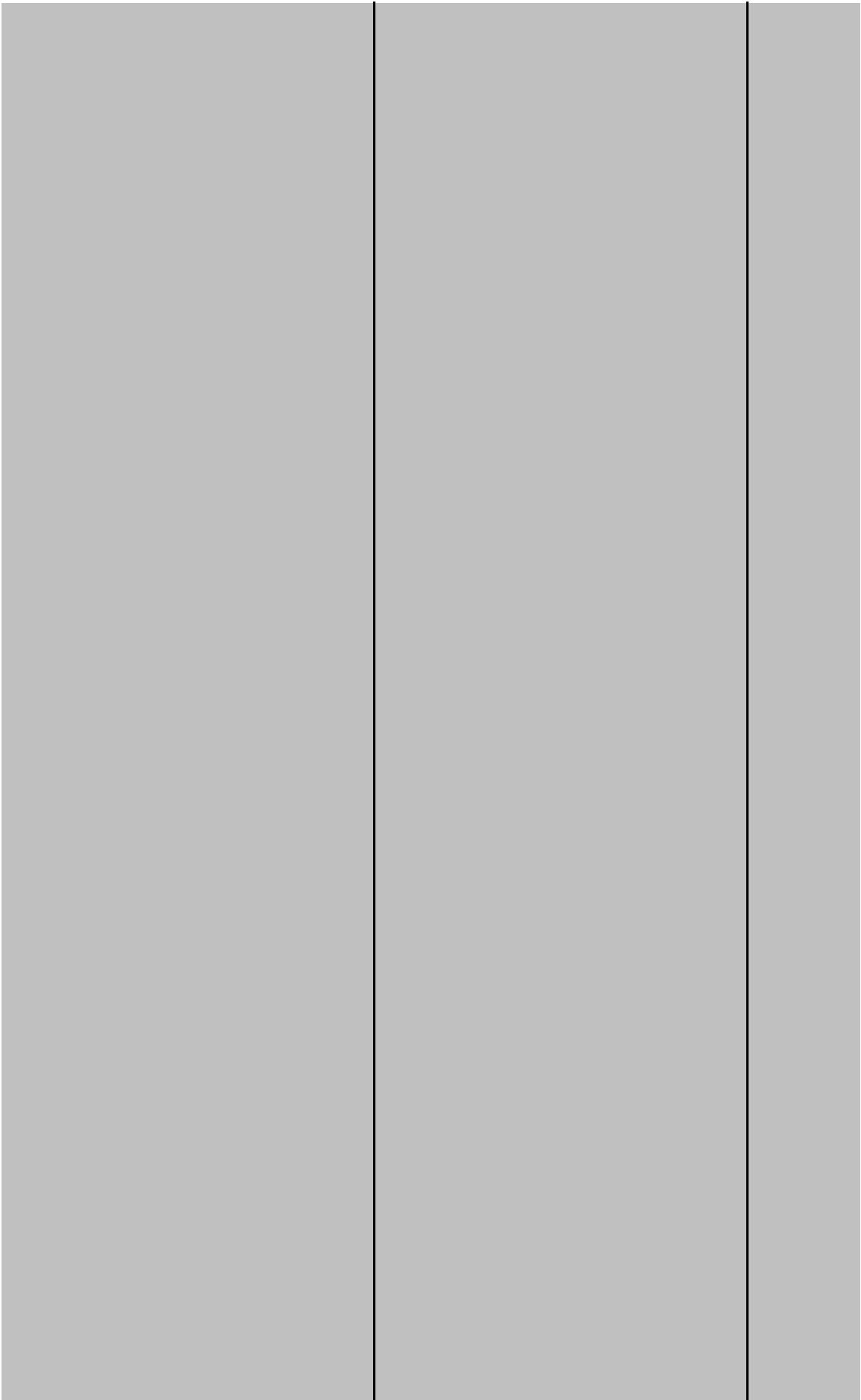


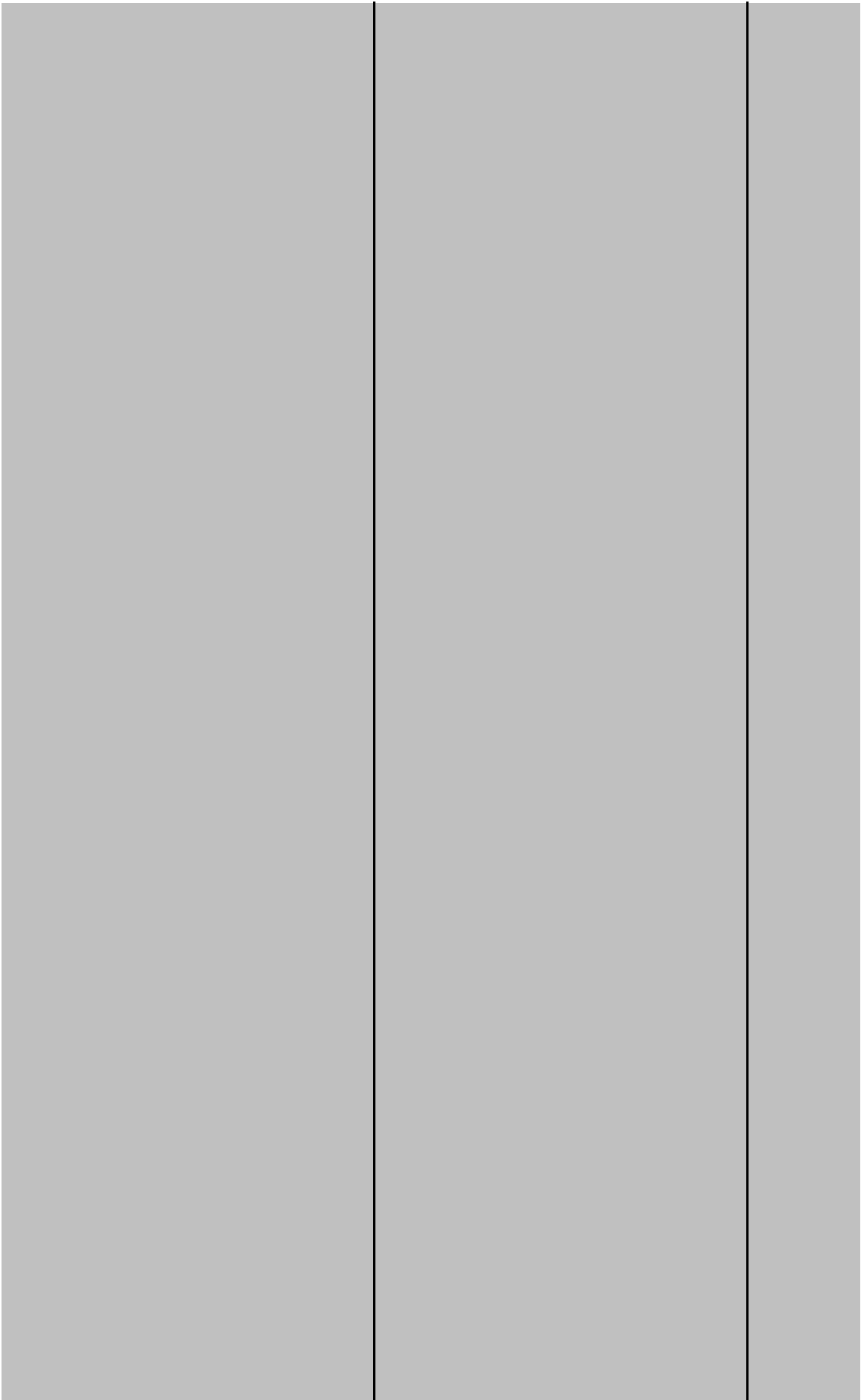


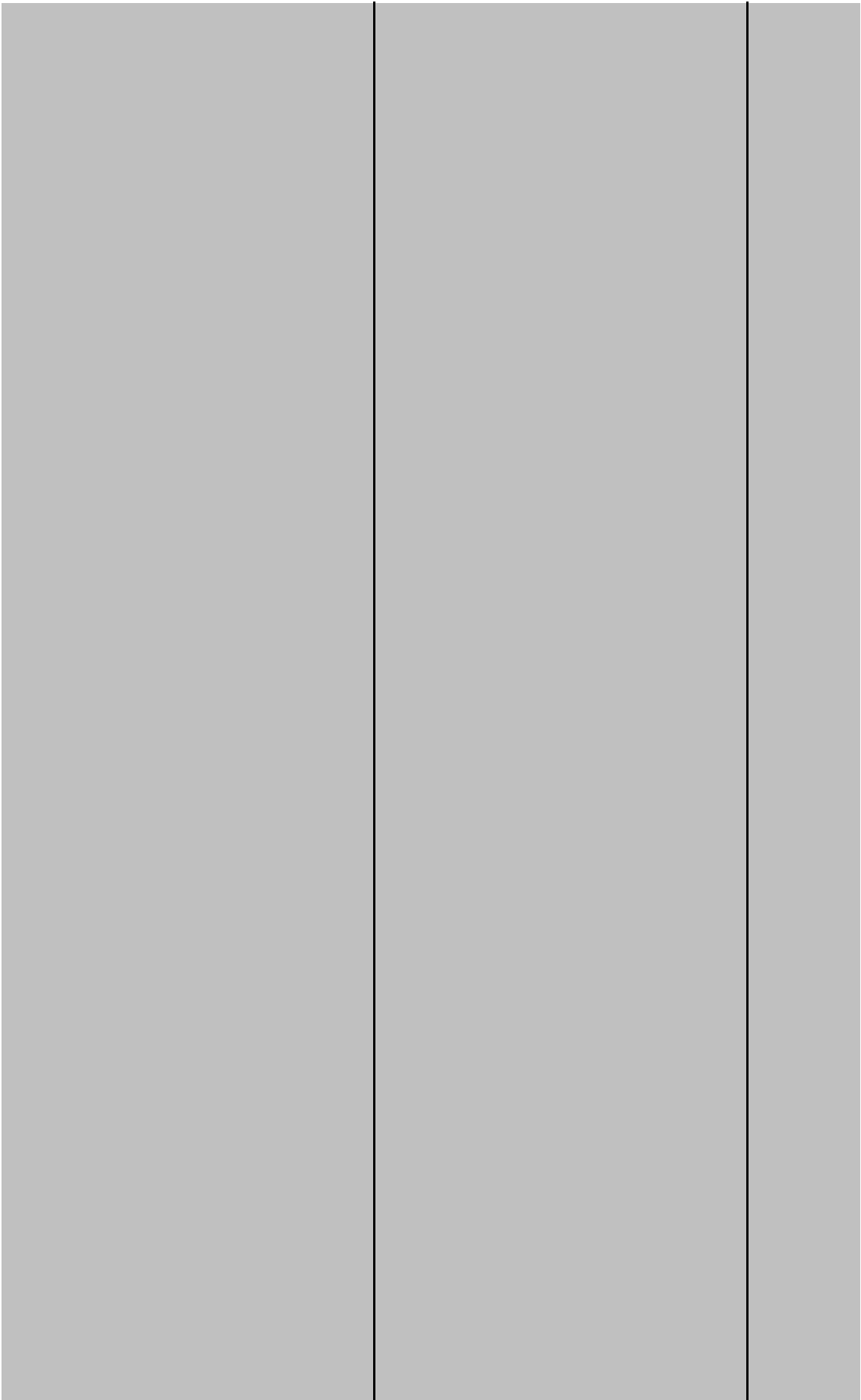


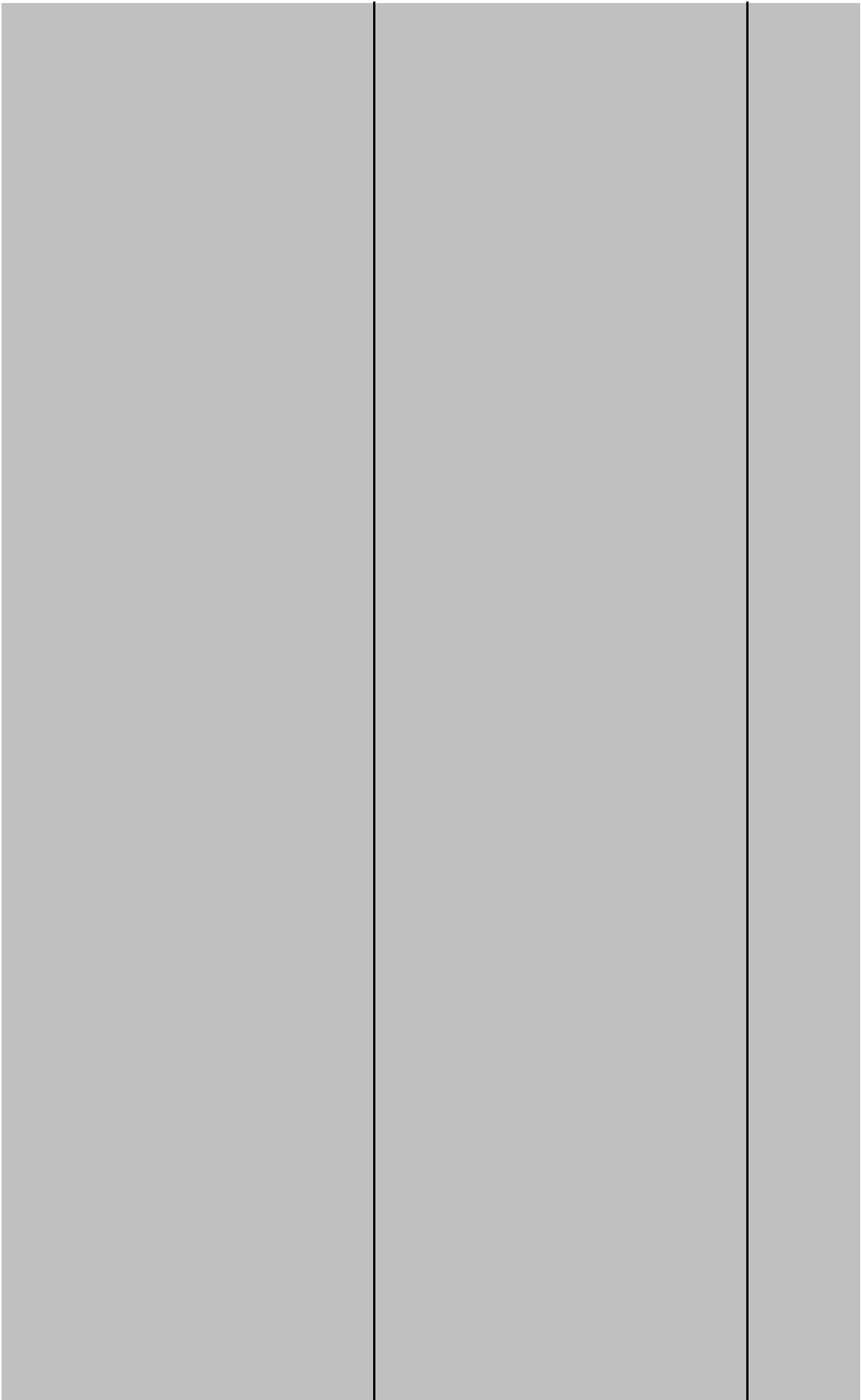


















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# Killington Sports

Senior Fell Results

Thursday, 1 June 2023

<u>Individual Performances</u>			
Pos	Name	Team	Time
1	Ben Mounsey V40	Calder Valley	11:38
2	Mark McGoldrick V40	Settle Harriers	11:42
3	James Bowen	Kendal AAC	11:55
4	Harry Bowen	Kendal AAC	12:06
5	Rory Addison	Helm Hill	12:22
6	Ryan Potts	Elvet Striders	12:42
7	Ian Willis V50	Keithley & Craven	12:42
8	Dan Caton	Unnattached	12:43
9	Michael Dugdale	Helm Hill	12:44
10	William Laye	Helm Hill	12:45
11	Simon Mounsey V50	Howgill Harriers	12:59
12	Joe Parsons	Unnattached	13:23
13	Tom Batty	Unnattached	13:40
14	Sarah Smith F	Helm Hill	13:41
15	Peter German V40	Helm Hill	14:08
16	Matt Pearman V45	Helm Hill	14:15
17	Simon Denny	Bentham Beagles	14:17
18	Matt Santo V45	Unnattached	14:18
19	Olicia Winder F	Unnattached	14:19
20	Emma Richardson F	Unnattached	14:21
21	Paul Dugdale V55	Helm Hill	14:37
22	Rachel Carter F V45	Ilkley	14:39
23	Peter Lawson	Howgill Harriers	14:40
24	Kirsty Hall F V45	Wharfedale Harriers	14:49
25	Mark Cropper V45	Helm Hill	14:55
26	Jake Shuttleworth	Unnattached	14:59
27	James Todhunter V40	Helm Hill	15:04
28	Molly Riglin F	Raneleigh Harriers	15:07
29	Sean Robinson V40	Howgill Harriers	15:10
30	Ronnie Haddow V50	Furness Fell Runners	15:48
31	Timothy Patterson V45	Unnattached	15:49
32	Robert Crawford V45	Howgill Harriers	15:52
33	Amy Pearman F V40	Kendal AAC	15:55
34	Leanne Scott F V40	Leven Valley	16:05
35	Benji Grundy	Wharfedale Harriers	16:21
36	Jack Wilson	Unnattached	16:30
37	Cath White F V40	Wharfedale Harriers	16:41
38	Matt Hird V45	Wharfedale Harriers	17:16
39	Anastasia Winder F V40	Unnattached	17:50
40	Kate Fogelberg F V40	Unnattached	17:54
41	Richard Campbell V40	Howgill Harriers	18:30
42	Gareth Hird V40	Wharfedale Harriers	18:44
43	Colleen Oldham F V40	Leven Valley	18:49
44	Denise Tunstall F V55	Durham Fell Runners	19:05
45	Lydia Denby F	Unnattached	19:09
46	Colin Valentine V60	Keswick	19:50
47	Katherine Shrine F	Helm Hill	21:22
48	Andrew Biddle V60	Wharfedale Harriers	22:19
49	Mike Addison V60	Unnattached	23:44

<u>Team Scores</u>		
(sum of placings for first 4 finishers)		
Pos	Team	Points
1	Helm Hill	38
2	Unnattached	51
3	Howgill Harriers	95
4	Wharfedale Harriers	134







# Killington Sports

16 & Under Results

Thursday, 1 June 2023

## Individual Performances

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>
1	Jack Sanderson	Settle Harriers	09:17
2	Alexander Wolfenden	Ilkley	09:36
3	Jack Eccles	Lancaster & Morecambe	09:38
4	Oliver Oldham	Leven Valley	09:44
5	John Williamson	Leven Valley	09:57
6	Georgia Bell F	Leven Valley	10:13
7	Nathan Hird	Wharfedale Harriers	10:33
8	Edward Jermy	Howgill Harriers	10:36
9	Evan Dart	Unnattached	11:20
10	Joseph Smith	Wharfedale Harriers	11:21
11	Ben Todhunter	Helm Hill	11:24
12	Kate Collin F	Kendal AAC	12:04
13	Max Hird	Wharfedale Harriers	12:15
14	Vicky Woof F	Howgill Harriers	12:24
15	William Coke	Sedbergh School	12:30
16	Jem Cropper	Helm Hill	12:44
17	Megan Wilkinson F	Keithley & Craven	13:04
18	Betsy Willis F	Wharfedale Harriers	15:27
19		01/06/2023	

## Team Scores

(sum of placings for first 4 finishers)

<b>Pos</b>	<b>Team</b>	<b>Points</b>
1	Wharfedale Harriers	48









# Killington Sports

13 & Under Results

Thursday, 1 June 2023

## Individual Performances

Pos	Name	Team	Time
1	William Moorhouse	Unnattached	04:14
2	Kara van der Merwe F	Unnattached	04:16
3	Isla Pearman F	Helm Hill	04:18
4	Cara Bradley F	Ambleside	04:19
5	Max Townley	Unnattached	04:21
6	Lucy Bell F	Leven Valley	04:22
7	Dougal Huston	Helm Hill	04:25
8	Holly Fitch F	Wharfedale Harriers	04:25
9	Niamh Phillipson F	Birtley AC	04:25
10	Riley Scott	Leven Valley	04:31
11	Isabel Jebb F	Bingley Harriers	04:34
12	Oliver Scott	Leven Valley	04:37
13	Ellie Todhunter F	Helm Hill	04:41
14	Jessica Norman F	Howgill Harriers	05:01
15	Austin Wright	Unnattached	05:02
16	Charlotte Harker F	Unnattached	05:04
17	Emmy Ranner F	Helm Hill	05:12
18	Daisy Allen F	Unnattached	05:15
19	Jasmine Parley F	Unnattached	05:16
20	Annabel Hinds F	Settle Harriers	05:17
21	Lara Collin F	Kendal AAC	05:31
22	Ashton McGough	Unnattached	05:38
23	Leo Oxley	Unnattached	05:38
24	Ira Ash	Unnattached	05:48
25	Ethan Deluxson	Unnattached	05:53
26	Sam Oldham	Leven Valley	09:04
27	Florrie Haddow F	Furness Fell Runners	10:02
28	Zach Thomas	Helm Hill	10:12
29	Camilla Hart F	Settle Harriers	10:21
30	Carl Sanderson	Settle Harriers	10:39
31	Freddy Hird	Wharfedale Harriers	11:12

## Team Scores

(sum of placings for first 4 finishers)

Pos	Team	Points
1	Unnattached	23
2	Helm Hill	40
3	Leven Valley	54







# Killington Sports

11 & Under Results

Thursday, 1 June 2023

<u>Individual Performances</u>			
Pos	Name	Team	Time
1	Robert Carter	Ilkley	05:13
2	Poppy Phillipson F	Birtley AC	05:15
3	Magnus Foxwell	Ambleside	05:18
4	Calum McGoldrick	Settle Harriers	05:34
5	Harry Mason	Helm Hill	05:37
6	Lewis Till	Unnattached	05:38
7	Alice White F	Keithley & Craven	05:39
8	Charlie Hedley	Keithley & Craven	05:42
9	Mia McGoldrick F	Settle Harriers	05:43
10	Charlie Hodgson	Helm Hill	05:56
11	William Goligher	Howgill Harriers	05:56
12	Thomas Jebb	Bingley Harriers	06:01
13	Martha Hart F	Settle Harriers	06:05
14	Rowan Bradley	Ambleside	06:10
15	Lawrie Belshaw	Ambleside	06:11
16	Harriet Carter F	Ilkley	06:13
17	Peter Butler	Ambleside	06:28
18	Henry Coke	Unnattached	06:37
19	Alec Birchall	Unnattached	06:42
20	Finlay McGoldrick	Settle Harriers	06:42
21	Grace Goligher F	Howgill Harriers	06:53
22	Late entrant 181	Unnattached	06:55
23	Maisie Todhunter F	Helm Hill	07:02
24	Harry Helliwell	Unnattached	07:04
25	Late entrant 183	Unnattached	07:10
26	Fraser Hall	Skyrac	07:15
27	Colby Wright	Unnattached	07:15
28	Silvia Parsons F	Helm Hill	07:17
29	Henry Williams	Unnattached	07:19
30	Rona Huston F	Helm Hill	07:20
31	Isla Mason F	Helm Hill	07:24
32	Tommy Metcalfe	Unnattached	07:29
33	Milly Stubbs F	Unnattached	07:38
34	Sophie Norman F	Howgill Harriers	07:38
35	Freya Hodgson-Jones F	Ambleside	07:39
36	Seth Dwyer	Unnattached	07:42
37	Seb Walker	Howgill Harriers	07:51
38	Cecily Kinloch F	Unnattached	07:51
39	Bella Moorhouse F	Howgill Harriers	07:53
40	Spencer Oktem	Unnattached	08:02
41	Jacy Kate-Jewitt F	Furness Fell Runners	08:02
42	Matthew Nugent	Helm Hill	08:03
43	Jacob Robson-Peall	Unnattached	08:05
44	Toby Craig	Unnattached	08:08
45	Niamh Dwyer F	Unnattached	08:13
46	Alex Ward	Unnattached	08:15
47	Thomas Staveley	Unnattached	08:16
48	Matthew Robson	Unnattached	08:38
49	Lily Ward F	Unnattached	08:43
50	Leyli Magazova F	Unnattached	08:47
51	Ted Metcalfe	Unnattached	08:50
52	Harry Chapman	Unnattached	08:51
53	Jack L'Amie	Unnattached	08:53
54	George Butler	Ambleside	08:54
55	Tilly Friedman F	Unnattached	08:57
56	Laura Smith F	Unnattached	09:01
57	Ula Magazova F	Unnattached	09:08
58	Mia Cottam F	Unnattached	09:19
59	Allessandro Ferraz	Unnattached	09:22
60	Late entrant 184	Unnattached	09:24
61	Lili Cropper F	Helm Hill	09:37
62	Late entrant 182	Unnattached	09:40
63	Paige Metcalfe F	Unnattached	09:48
64	Josie Cottam F	Unnattached	09:48
65	Joseph Metcalfe	Unnattached	09:52
66	Ross Metcalfe	Unnattached	09:54

<u>Team Scores</u>		
<small>(sum of placings for first 4 finishers)</small>		
Pos	Team	Points
1	Settle Harriers	46
2	Ambleside	49
3	Unnattached	65
4	Helm Hill	66
5	Howgill Harriers	103



67	Ben Ayling	Unnattached	11:27
68	Emily Pearl-Ayling F	Unnattached	11:27
69	Veronica Deluxson F	Unnattached	11:31
70	Late entrant 185	Unnattached	11:47





























